

Soaring Spirits Counseling, LLC Intake Process

1. Complete the online Client Intake Form
2. If you will not be a self-pay client, contact your private healthcare provider to obtain a referral/authorization for treatment services. Confirm that I am an authorized provider (Yolanda M Esatai, LPC/Soaring Spirits Counseling, LLC). Bring this information with you to your intake (documents provided to you, your insurance card); Insurance company name; Policy holder name and date of birth; Policy holder's relationship to you (self, spouse, parent); referral/authorization number, dates your policy is effective (from ___ to ___); the number of sessions authorized; insurance contact information: (name(s), phone number, fax number.
3. Identify when you are available to come in for an intake and assessment: Days of the week (Monday-Friday between 10am to 5 pm). Intakes are scheduled for 90 minutes.